Sara G. Austin, MD
2017 TCMS President
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It started with a fax . . .
Organized medicine and me

It is an incredible honor for me to be writing this as the incoming president of the Travis County Medical Society. Even before moving here 21 years ago, I knew that Austin had a wonderfully sophisticated medical community. I’m privileged to be part of that and to be part of the leadership of such a dynamic organization as TCMS.

For all of us, there are aspects of medicine that really draw our interest. For some it’s research, for others it may be patient care or medical economics or teaching. For me, it’s advocacy and public policy. After finishing my neuromuscular fellowship at UT Houston, I stayed there on faculty for several more years. I enjoyed teaching and working in a large group practice—but research and writing, not so much. I tended to put off writing papers until pretty much everything else I could think of was done including cleaning the baseboards with a toothbrush. Obviously, I was not a prolific publisher.

In 1995 we moved to Austin and I joined Austin Neurological Clinic which, with lots of call and three young children, kept me busy for the next eight years. I had a desire to contribute somehow to the practice of medicine beyond patient care, but I hadn’t come up with a way. I had always been a member of organized medicine—AAN, TCMS and TMA—but actually participating didn’t happen. I’m not sure if I didn’t know how or just didn’t have the time.

Then one day in 2004, I was standing in my nurse’s office and a fax came through. It was an advertisement from the American Academy of Neurology for a leadership/advocacy forum in California at a really, really nice hotel. And it was free! Now this was something that got my attention! I went straight home, wrote the application and got accepted.

The forum was great, and while there I met Alan Halliday from Texas who asked me to get involved with the Texas Neurological Society, which I did. I also got to know people in the AAN and was eventually asked to be on their Government Relations Committee. Around that time, the AAN was offering a one year fellowship in Washington, DC to work for Congress. I took that offer, moved myself and the kids up to DC for a year and worked for the US Senate’s Health, Education, Labor and Pensions Committee. When I returned to Texas in 2008, I requested to be on the TMA’s Council on Legislation. Luckily, fellow neurologist Bill Fleming was TMA president and he appointed me. I’ve continued to stay involved all these years.

There is a point to this besides just telling a little of my story. The typical academic research job for me was like trying to fit a square peg into a round hole. I’ve gotten better at it over the years, but it is work. I have to really give it a lot of effort. Advocacy on the other hand (at least for me) is just fun and easy—it fits my interests. Thank goodness . . . square peg, square hole! My ultimate point is that there are lots of ways to contribute to your profession. Find what works for you.

So you might hear more this year than usual about the legislature and public policy. If (like me) you enjoy thinking through policy in order to help patients and our profession, or if you are just fascinated with the weirdness of the Texas legislature during session, or if you have an issue that is burning a hole through your pocket—start by participating in a TCMS committee or coming to First Tuesdays (see details on page 10) at the Capitol.

Consider this your fax . . .

Sara Austin, MD
TCMS President
You and your spouse/guest are cordially invited to the

TCMS/TCMA
JOINT INSTALLATION OF OFFICERS

Thursday
March 23, 2017

Renaissance Austin Hotel
9721 Arboretum Blvd

6:30 pm - Reception
7:30 pm - Dinner

RSVP: tcms@tcms.com
512-206-1249

This event sponsored in part by the following Friends of the Society: Merchants & Professional Credit Bureau Inc.; Texas Medical Association Insurance Trust; Texas Medical Liability Trust; SkylesBayne; University Federal Credit Union; Atchley & Associates; Julia Schlitt Realtor and Pauley Financial.

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2016 Annual Awards Dinner
The annual TCMS awards dinner was held in December at the elegant Austin Renaissance Hotel. During the event three members were honored: Norman Chenven, MD, Physician of the Year; Doug Srygley, MD, Ruth M. Bain Young Physician and Elliot Trester, MD, Physician Humanitarian. In addition, Representative Elliott Naishat was recognized with the Community Citation for Distinguished Service Award.

Photos (L to R)
1. Norman Chenven, MD, 2016 Physician of the Year and Mrs. Dinah Chenven
2. Elliot Trester, MD, 2016 Physician Humanitarian and Joe Spann, MD
3. Doug Srygley, MD, 2016 Ruth M. Bain Young Physician and James Marroquin, MD
4. Representative Elliott Naishat and TCMS President, Robert Cowan, MD
5. TCMS members and guests honored awardees, December 13, 2016
6. Dr. Steven Dobberfuhl and guest, Dr. John Abikhaled and TCMS President Elect, Jeffrey Apple, MD
7. Drs. David Fleeger, Bruce Malone and Pradeep Kumar
8. Drs. Suvipa and Weerachai Wiri
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Learn more by calling 512-452-8346 or go to VeinSolutionsAustin.com
Be the voice of medicine! The strongest weapon in medicine’s arsenal is you—physicians, residents, students and Alliance members.

Join your colleagues as they travel from across the state to descend on the Capitol for physician lobby days. TCMS schedules all appointments with local senators and representatives. During those appointments, the TMA/TCMS legislative agenda is discussed and “asks” are made of the elected officials and their legislative aides for a vote in favor or against bills affecting patients and physicians. Agendas, briefings on legislators and bills impacting medicine will be sent prior to each lobby day.

Issues facing medicine include: preserving physicians’ rights to bill for services; improving Medicaid payment rates and reducing red tape hassles; protecting patient-physician relationship; telemedicine; Sunset review of the Texas Medical Board; deflecting scope of practice threats and maintaining Texas’ strong medical liability reforms.

To participate in First Tuesdays lobby days register at www.texmed.org/firsttuesdays.

**Lobby Day Schedule**

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<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>7 am</td>
<td>Registration at TMA</td>
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<tr>
<td>7:15 am</td>
<td>TMA issues briefing</td>
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<tr>
<td>8:15 am</td>
<td>TCMS appointment briefing</td>
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<tr>
<td>9 am-12 pm</td>
<td>Meetings with legislators</td>
</tr>
<tr>
<td>12-1 pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>1-2 pm</td>
<td>Meetings with legislators</td>
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For more information on First Tuesdays at the Capitol, contact TCMS Senior Director of Physician Services and Community Relations Stephanie Triggs at striggs@tcms.com or 512-206-1124.
Bone tired of your car?

TCMS Auto Program

Don’t spin your wheels looking for a car! Let the TCMS Auto Program do all the work for free. Just provide the make and model of the car you want, and we’ll find it for the lowest price available. Financing assistance is also available. We’ll even deliver it to your office for a test drive at no cost.

This program is open to TCMS physicians, their families and their staff.

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phornbeak@tcms.com
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Early diagnosis and treatment of HIV saves money and improves health outcomes.

Routine HIV testing in health care settings is as cost effective as other screening programs, including type 2 diabetes and breast cancer mammography.

Learn more at
www.testtexashiv.org

Known for being the home of the Texas oil boom, the home of the world’s greatest female athlete, Babe Didrikson as well as the home of the world’s largest fire hydrant—Beaumont, TX can also place Sara Austin, MD on their list of treasures.

Dr. Austin is the incoming Travis County Medical Society president and was born and raised in Beaumont. “My family has lived in Beaumont for generations,” Austin says. “It was a really good place to grow up.”

Austin has always loved school and knew that she wanted a career that would include constant learning. Her parents had attended UT, but she went to A&M as a chemistry major. The friendly rivalry with her parents was a source of fun through the years—though Austin is fiercely loyal to her alma mater. “Becoming a doctor was my plan. I applied while at A&M and was accepted to UTMB,” Austin explains. “After I was accepted, I let myself take music appreciation, art appreciation and literature. It was the most enjoyable semester ever!”

Always looking to get involved, Austin joined a co-ed medical fraternity. The fraternity house was where she lived, studied and enjoyed the camaraderie with her fellow students. Many of these fellow students practice in Travis County today. In addition to the fraternity activities, Austin was president of her medical school class. “I got to attend UT Regents meetings which were always interesting,” she says.

Originally, Dr. Austin planned to be a pediatrician. It was a fact she had lived with for years. That goal was altered quickly after some exposure to real life pediatric practice. “I was not cut out for it—you have to be a special type of physician to thrive in that environment.” She transitioned to the idea of internal medicine and completed her internship at The University of Utah, HSC School of Medicine in Salt Lake City. It was there that she fell in with a group of neurologists who told her she should give it a shot. As luck would have it there was an open slot and she never looked back. “The nervous system is so fascinating,” Austin says with enthusiasm. “The brain really is like Star Trek’s final frontier—it’s so cool!”

Traveling west to begin her residency in neurology, Austin attended the Keck School of Medicine of the University of Southern California. The school operates within LA County Hospital and is one of the largest public hospitals in the country. “That place was so huge,” Austin says with a laugh.

A fellowship to study electromyography (EMG) at UT Health Science Center-Neurology in Houston was her next stop. “I really enjoy solving the puzzle,” she says. “Diagnosing nerve damage and neuromuscular disease is challenging and rewarding.”

Austin thinks back and gives an example. “I had a 60-ish patient who had suffered a stroke due to a clot in the artery at the back of his head—this is usually fatal. At this time the clot dissolving drug called tissue plasminogen activator (tPA) was considered a risk. We took the risk. I received a thank you letter from the patient. He had made a 100 percent recovery.”

In 1995, she and her family made the move to Austin. The growing, dynamic city was full of young, active people and the outdoor recreational opportunities were a big attraction for them. For eight years she stayed busy raising her three kids and working for the Austin Neurological Clinic. Then, in 2004, she attended an advocacy forum held by
the American Academy of Neurology (AAN). Austin was hooked—advocacy, legislation, government relations—this combined with her medical practice was a match made in heaven. After serving on the AAN Government Relations Committee, Austin was made aware of a one-year fellowship in Washington, DC to work for Congress. The kids were packed up and life in the Nation’s Capital began.

Austin worked for the US Senate’s Health, Education, Labor and Pensions Committee. “I was lucky enough to be part of the Community Health Center Bill,” she says. “I have a red-line copy of the bill signed by Ted Kennedy, George W. Bush and Nancy Pelosi. They give those to the staff involved.” Some of her fondest memories are of being in the Capitol Building after most staff had gone home. “Standing in the quiet rotunda, seeing the snow falling through the windows was absolutely beautiful,” she remembers. Another fond memory was being there for the presentation of the Congressional Gold Medal to legendary heart surgeon, Dr. Michael DeBakey.

By 2008 she was back in Texas combining her love of medicine with legislation. “I feel very strongly about the benefits of organized medicine,” she says. “Of course advocacy is a hot button for me, and being a member of TCMS allows me to have a forum—group discussions are always helpful.”

As president of TCMS, Austin wants to encourage participation—particularly with the younger doctors. She wants to see more of them on First Tuesdays. “The results of this session affect us all and we will live with the consequences for years,” she asserts. “Your voice needs to be heard. Take some ownership of this process.” Other goals for her term as president include strengthening the partnership between TCMS physicians and the Dell Medical School.

Even though she is frustrated by industry challenges such as antiquated pay structure systems and Medicaid access, Austin is proud of the progress made in recent years. “Medical innovations have been huge! Just think, it wasn’t long ago that people were considered really old at 70—now people are active in their 70s,” she says with a smile. “Look at how far we’ve come with stroke care! People are so much better off now.”

Not loud in voice or manner, Dr. Austin is a leader who admits to being comfortable in the role. No surprise that she admires Sheryl Sandberg and her book, *Leaning In*, where leadership is defined as “…making others better as a result of your presence and making sure that impact lasts in your absence.”

TCMS is in good hands.
Just about everyone has a family member or neighbor who participates in Medicare. Defined, Medicare is the federal health insurance program for people ages 65 and older that also covers younger people with certain disabilities. There are more than 50 million Medicare enrollees in the United States, with 200,000 of them living in the Austin metro area.

The Centers for Medicare and Medicaid Services (CMS) has been a national leader in driving the push from paying for volume to paying for value. Many physicians who see Medicare patients already get reimbursement adjustments through existing quality payment programs. These programs include Electronic Health Record Meaningful Use, the Physician Quality Reporting System and the Value-Based Payment Modifier.

Clinicians may not be familiar with upcoming Medicare reimbursement changes under the Medicare Access and CHIP Reauthorization Act of 2015 (MACRA). This is not a surprise—the law is complex and program details for 2017 were only recently published. One of the biggest changes is that MACRA eliminates the Sustainable Growth Rate (SGR) formula, which connected Medicare Part B payment (outpatient services) to changes in the gross domestic product (GDP). MACRA also establishes the Quality Payment Program which is a new framework to reward the quality of care delivery.

There are two tracks for the Quality Payment Program:
1. The Merit-Based Incentive Payment System (MIPS)
2. Advanced Alternative Payment Models (APMs).

The implementation rules for the Quality Payment Program—about 2,400 pages worth—were finalized in October. It is imperative to prepare now, though, since the first performance period begins as early as this month—January 2017—and associated payment adjustments begin in January 2019.

The Quality Payment Program only applies to Part B services (outpatient care) for Medicare fee-for-service enrollees—about 160,000 in the Austin metro area. In 2017, most clinicians will fall under the MIPS track. MIPS combines three existing quality programs (Meaningful Use, Physician Quality Reporting System and the Value-Based Payment Modifier) to create a single composite score based on quality, resource use, clinical practice improvement and electronic health record use. MIPS payment adjustments start in 2019, with the potential to gain or lose as much as four percent depending on 2017 performance relative to peers. There is also a requirement for scores to be made public on the Medicare Physician Compare web page at medicare.gov/physician compare. There will be additional bonuses for high achievers and adjustments grow to as much as nine percent by 2022.

In response to stakeholder concerns about the aggressive timeline, the final rule provides clinicians several options for participating in MIPS in 2017. They may test MIPS reporting with no payment adjustment in 2019 or may report for part of the year or the entire year to earn incentive payments. MIPS is designed to be budget neutral for the federal government. Because CMS made it easier to avoid penalties in 2019, initial incentive payments are likely to be modest, i.e., probably no more than one percent for most clinicians.

Some clinicians will qualify for the Advanced APM track with greater potential risks and rewards. Those practicing at certain accountable care

Steve Steffensen, MD
Chief of the Learning Health System, Dell Medical School

Central Texas is well positioned to serve as a model for the nation for MACRA implementation.
organizations and patient-centered medical homes or under bundled payment models may be exempt from MIPS and will qualify for a 5 percent Part B incentive payment from 2019-24. The initial list of Advanced APMs is fairly narrow. CMS estimates that between 10 to 20 percent of participating clinicians nationwide will be in the Advanced APM track for the 2017 performance year. Of note, at this time there are no Medicare Advanced APMs underway in the Austin area. In the final rule, CMS indicated it plans to modify some current APMs in 2017 and 2018 to increase the number of clinicians that qualify for the Advanced APM track. Work is underway to define additional APMs, including physician-focused models that will qualify for this alternate track in the future.

MACRA provides an incentive for collaboration among community physicians and other clinicians to improve collective performance. MIPS quality payment adjustments are a zero-sum game nationally, but local communities that come together to share data, improve care coordination and focus on better patient outcomes will have a strong advantage over those that don’t. Central Texas is well positioned to serve as a model for the nation for MACRA implementation.

MACRA’s goals of rewarding quality, cost effectiveness and APMs are aligned with the Dell Medical School’s development of new models of person-centered, multidisciplinary care that reward value, measure outcomes and improve health. Recently, the Dell Medical School, Texas Medical Association and Travis County Medical Society convened a seminar to help prepare local physician practices for the new MACRA Quality Payment Program. The event made clear that future success of MACRA implementation in Central Texas will be dependent on collaboration at the local level. The commitment to improve patient outcomes demonstrated at the event should be the inspiration and driving force to such collaboration.

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New Year’s Resolutions . . .
Or Making a Difference?

Leanne DuPay

By this time, of the 45% of Americans who planned how much better they were going to eat, exercise, work and live in 2017, many have already lapsed into old habits and cringe with guilt at the lost opportunity to turn over a new leaf. Maybe it’s time to stop beating ourselves up about not accomplishing those personal overhauls. Perhaps we should look at ways to make the world better—not just ourselves.

In a 2006 study, Jorge Moll and colleagues at the National Institutes of Health found that when people give to charities it activates regions of the brain associated with pleasure, social connection and trust, creating a “warm glow” effect. Some scientists also believe that altruistic behavior releases endorphins in the brain, producing the positive feeling known as the “helper’s high.” First step toward that warm glow—look for something that grabs your heart. Is it children? Animals? People in need?

As a physician, you are already prone to altruism and there are some obvious opportunities linked to your field and many others unrelated to medicine. In Travis County there are numerous opportunities to make a difference on your own, with your family or with your staff. If you’ve been too busy to research them, here are just a few.

TCMS Annual Athletic Physicals: Each spring TCMS partners with the Austin Independent School District to provide athletic physicals to uninsured students. Without these physicals, they cannot participate in school sports, cheer leading or marching band. The physicals take place over four evenings at specified locations. Physician volunteers provide the necessary exams during the evening. Contact Stephanie Triggs at striggs@tcms.com to volunteer.

We Are Blood: Since 1951, this blood center has served the Central Texas community. To maintain a safe and healthy blood supply, 200 blood donations per day are needed. Not all blood donations are the same and often there is an increased need for one type over the other.

Check out We Are Blood’s volunteer and donor opportunities by visiting www.weareblood.org.
Project Access Austin: The mission of Project Access is to improve the overall health of our community by providing ready access to health care services for low-income, uninsured people in Travis County. It fills the gap that exists between working individuals who earn too much for government programs like Medicaid, but not enough to afford independent health insurance. As a volunteer physician, you determine how many patients you accept. The Project Access program is structured so that treating Project Access patients is hassle free.  

Volunteer Healthcare Clinic: For 50 years, this clinic has worked to improve the health of the uninsured and the working poor by providing access to high quality health care and prevention education. Physician volunteers are always needed.  

Special Olympics Texas: The goal of Special Olympics is to provide year-round sports training and athletic competitions in a variety of Olympic type sports for children and adults with intellectual disabilities. As a volunteer you can commit to being a coach, a race timer on event day or a finish line cheerleader.  

Austin Animal Center: This is the largest no-kill shelter in the United States, housing domestic cats and dogs for adoption. There are many weekend volunteer opportunities including being a greeter and exercising the animals. Groups and individuals are always welcome.  

Austin Pets Alive! Last year APA saved 6,000 animals from euthanasia. Consequently, foster homes for rescued cats and dogs are needed while finding them forever homes. APA provides all the vet care and a team to find a permanent home for the pet. Volunteers provide space, food, love, exercise and transport for their foster animal.  

Meals on Wheels, Hope: Meals on Wheels has partnered with the Food Bank and always needs people on the 2nd Saturday of the month to pack non-perishable groceries that will be delivered to people in need. Packers, pick-up and delivery people are needed.  

Still searching for just the right volunteer opportunity? Check out www.volunteermatch.com
For what is sure to be a year of change and controversy, we asked some of you to share your goals for the New Year. In addition, we asked what you are hoping will occur for medicine. The answers are varied, but one thing is clear—TCMS members care deeply for their patients.

**Emilie Prot, DO, MPH**
Preventative Medicine Resident, Dept. of State Health Services
I hope that medicine will continue to make strides to reduce health disparities, favor preventive strategies to care for our populations and make health care a right for all human beings.

**Pradeep Kumar, MD**
Austin Gastroenterology
My goal as a physician is to attain a better work life balance.

Hope for medicine in 2017: I hope we survive another session of the Texas Legislature.

**William Otto, MD**
Allergy-Immunology, Austin Regional Clinic
I hope that more physicians will get involved in the political process. I read recently that only 40% of physicians are registered to vote and of those, only 70-80% actually do vote. Fewer yet contribute to campaigns.

Now is the perfect time to step up if we want to have any voice in the new administration’s health care policy changes.

**Donald J. Garcia Jr., MD**
Psychiatry
I resolve to continue to commit to important foundations of ethical medical care: compassion, equality and ease of access, expertise and service. I will continue to focus on the whole patient, not just their mental health. I will communicate with my colleagues about the care of my patients and help coordinate the maze of treatment that medicine has become. I will open hours to care for the needy on a sliding-scale fee schedule. I will continue to educate myself in order to provide the highest quality of evidence based care.

I hope that 2017 brings more attention to the inequity of access to care and that, for a moment, we leave politics aside to talk about how to help our fellow man.

**Richard Freeman, MD**
Dell Medical School
My resolution is to be more connected to our community partners.

I hope we will find more ways to serve the underserved regardless of what changes come from the federal government.

**Rob Cowan, MD**
Austin-Area Obstetrics & Gynecology
In the New Year, I hope to become master of electronic medical records, remembering my multitude of passwords, while continuing to provide outstanding medical care to my patients.

I hope that MACRA, MIPS and the other acronyms that are coming from our government will provide fair and consistent reimbursement to physicians and medical providers.
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**CDC recommendation:**

Test everyone born from 1945-1965 for Hepatitis C

People born from 1945-1965 account for **3 out of every 4 people** with Hepatitis C, and more are unaware of their infection.

- Testing only patients with elevated ALT’s may miss 50% of infection
- Hepatitis C is a leading cause of liver cancer and liver transplants
- Care and treatment can help prevent Hepatitis C-related disease and deaths

[Image of CDC Recommendation]
The event formerly known as the “TCMA Gala” has been rebranded as “Party with a Purpose.” The new branding gives credence to the sole purpose of the TCMA event: Donating all proceeds and sponsorships to organizations that positively impact the health of Travis County residents. The party date is quickly approaching (March 4), so please consider sponsoring the event or purchasing tickets.

**Kids Care Club Activities**
Watching the next generation develop their appreciation for community outreach over the past few months has been very gratifying for the Alliance. The Kids Care Club—a group of TCMA members’ children—is made up of kids of all ages who volunteer to help with various community service projects. This fall, the club volunteered for The Settlement Home for Children garage sale. The group also decorated toiletry bags donated to the patients and families served at the Volunteer Healthcare Clinic.

**Member Spotlight: Ashley Whitfield**
Ashley and her family moved to Austin almost five years ago from Milwaukee, WI when her husband, Dr. Robert Whitfield joined the Breast and Body Center of Austin. Rob and Ashley have two children, Heath (11) and Vivian (8) and one pug, Horton. Ashley grew up as a small town girl in Bloomfield, IN. She graduated from Ball State University and later from University of Indianapolis with degrees in Exercise Physiology and Physical Therapy. After a career in a variety of physical therapy settings, Ashley dove into medical and hospital equipment sales and later dermatology pharmaceutical sales. It was during this time that she met her husband Rob, while he was a plastic surgery fellow in Indianapolis. Ashley has been involved in an assortment of volunteer endeavors mainly focusing on the needs of children. Currently, she works for Texas Physical Therapy Specialists as a clinic liaison and marketer.

Ashley has also been involved with fundraising for an organization very close to her heart, CASA of Travis County. CASA stands for Court-Appointed Special Advocate. Ashley had been a CASA volunteer in Milwaukee and is now completing the training to become an active volunteer here in Travis County. As a CASA volunteer, she will be assigned to cases of children who have been removed from their homes because of abuse or neglect. While these children are in the system, she will act as an extra pair of eyes and ears, making sure the needs of the children are being met. She will then make recommendations to the judge for a safe, loving, permanent placement.

The Whitfields are members of St David’s Episcopal Church. Heath and Vivian keep Ashley and Rob busy with their activities—mainly soccer! And although she is a Midwesterner at heart, Ashley and Rob love Austin and all it has to offer, especially warmer winters. Ashley is looking forward to more community involvement through the Travis County Medical Alliance.

**Upcoming Events**
- **March 4:** Party with a Purpose at the Belmont
- **April 18:** General Meeting at the Blanton Museum of Art
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MEDICAL PRACTICE LOANS | MORTGAGE LOANS
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Charles Estill Bludworth, Jr., MD, of Buda, TX, passed away on December 2 at the age of 86. A native of Austin, he graduated Phi Beta Kappa from UT in 1952 where he was a distinguish member of the Naval ROTC and a 3-year Tennis Letterman. Dr. Bludworth served his country on the USS Hanna, as a Naval Lieutenant JG, from 1952 to 1955. He received his medical degree from UT Southwestern in 1959. While there, he met Mary Lou McBee and they were married in 1958. He practiced general medicine in Crane, TX for a few years before training in psychiatry at the original Menninger Clinic in Topeka, KS. Dr. Bludworth specialized in both adult and child psychiatry, practicing for most of his career in Corpus Christi. He relocated to Austin in 1991 where he worked for Travis County MHMR before his retirement. He is survived by his wife, two sons and three grandchildren.

John Kurt Frederick, MD, age 56, died suddenly on November 21. He grew up in Beaumont and attended Lamar University before receiving his medical education at UT Southwestern where he and his wife Sue were married in 1986. He trained in family medicine at John Peter Smith Hospital in Fort Worth and then moved to Austin where he practiced until his untimely death. Longtime friend and colleague Dr. Kevin Spencer admired Dr. Frederick’s approach to medicine, describing it as an entirely holistic approach to patient care that remained unjaded during his long career. Throughout his 30 years in family medicine, he touched the lives of his many loyal patients with skill and kindness as evidenced by the immense outpouring of emotional condolences after his passing. Dr. Frederick’s career in Austin included years with Austin Regional Clinic, South Austin Family Practice and finally as a founding partner and medical director with Premier Family Medicine. In addition to his exemplary practice style, he was known as a natural leader, not only at Premier Family Medicine but also on hospital medical staffs and professional organizations. Dr. Frederick was a faithful member of Austin Ridge Bible Church where he brought a passion for science, history and love of God to his faith community. He enjoyed studying history, exploring the outdoors, woodworking, walking his dogs, football officiating, fishing, reading, traveling and most of all, time with his wife, children and grandchildren who knew him as “Goober.”

Michael Dorsen, MD, age 71, died unexpectedly on July 4 in Portland, OR. He was a native of Sydney, Australia and received his medical degree from the University of Sydney in 1969. Selected in the Vietnam War draft, Dr. Dorsen served in the Royal Australian Air Force. He was the first Australian Air Force doctor to undertake the Space Medicine Program in Houston and upon his return to Australia, was a pioneer in the Australian Space Medicine Program. While in Houston, Michael was accepted into the Baylor College of Medicine residency program. At Baylor, he worked closely with the famous surgeon Dr. Michael DeBakey and completed his neurosurgical residency in 1978. His 43-year neurosurgical career took him first to Denison, TX. TCMS member William Mebane, practicing in Denison at the same time, recalls Dr. Dorsen recruiting him to relocate with him to Austin in 1980 in an era of rapid growth in the Austin medical community. Dr. Dorsen practiced in Austin for a number of years, later relocating to Corvallis, OR, before finally settling in Portland. He served at Legacy Emanuel Medical Center where he became chairman of the Department of Surgery. Dr. Dorsen enjoyed traveling, hiking, Thanksgiving dinner, the Beatles and being an active alumnus of the University of Sydney. He was always grateful for the personal and professional opportunities that the United States afforded him. He is survived by his wife of 15 years, Edith and two sons.
For Sale - Medical equipment

- 4 Midmark 404 Exam Tables
- 4 Midmark 414 Treatment Cabinets
- 6 Midmark Physician Stools
- 2 Welch Allyn 44100 Halogen Lights
- 3 WA Desk Ophthalmoscopes
- 4 Tycos Sphygmomanometer wall
- 2 Baum Sphygmomanometer wall
- 1 WA Microtympanometer-2
- 1 EKG Burdick E550
- 4 Detecto Biohazard metal cans
- 3 Harper Chairs Midback operational upholstered
- 12 Kimball Avenue waiting room chairs upholstered/walnut wood
- 4 Tycos Sphygmomanometer wall
- 2 Welch Allyn Temp Plus thermo
- 4 Pneumatic adjustable MD height chairs
- 1 X-ray unit Amrad DX 57B
- 3 Harper Chairs Midback operational upholstered
- 1 Hope Processor micro-max
- Centrifuge Hamilton Bell Vanguard
- Colposcope cervical currette, Tischler cervical biopsy forceps, etc.
- Lateral files patient chart rack 12’ x 8’ stationary and 9’ x 8’ on tracks
- Time clock Pyramid PTR 400
- Ortho supplies, artwork, furniture
- See photos on Craigslist Medical Equipment.

Contact Dorisrobitaille@att.net.

For Sale:

- Eckel Audiometric Booth, Model AB-200. Double acoustic window, continuous magnetic seal on access door and silenced ventilation. With Maico MA 728 automatic computer audiometer. Please make offer via email, the_cemoh@yahoo.com.

Contact Lesley_heaton@outlook.com.

For Sale:

- Family Medicine Practice for Sale: Suburban Houston, Katy TX. Thriving 20+ yr. old practice primarily commercial patients. This practice has an increasing patient and revenue base, is fully electronic and has attained Level Three NCQA recognition, and is affiliated with the local hospital network as an advanced primary care practice. Located in an exclusively medical professional office building next to a hospital. Contact 713-339-3002 or tgd1960@gmail.com.

Pediatric Office for Sale: Well established pediatric office for sale in professional complex next to South Austin Medical Center. Interested parties may call 512-476-3770.

Cedar Park Medical Clinics: No finish out needed 1) Move in ready, 1720 RSF available now 2) Another is 4800 RSF (formerly ARC clinic) available Jan 1. Both are conveniently located between 183A and 183 near regional hospital. Drive-up parking, 24/7 HVAC. Email for floor plans: lesley_ann2000@hotmail.com. Call Lesley Heaton 512-921-2960, agent or Tom Heaton, broker 512-219-7732.

OFFICE SPACE

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FOR SALE - LAKEWAY MEDICAL BUILDING

- Located across from The Oaks at Lakeway and 1 mile from LRMC.
- .5 acre lot w/ 2400 sq/ ft building
- • 6 fully equipped exam rooms • 2 physician offices
- • X-ray and lab • fully furnished
- Great visibility w/signage on RR 620
- 1411 RR 620 South, Lakeway

View the building at http://bit.ly/1YKGtBq

Contact: dorisrobitaille@att.net
512-413-1903

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